

Get Real Non Fiction Reading Group

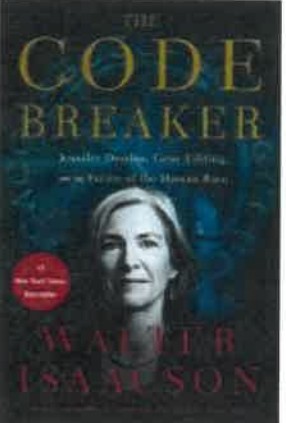
NEW 2022 Reading List

Location: HCH Library Community Room

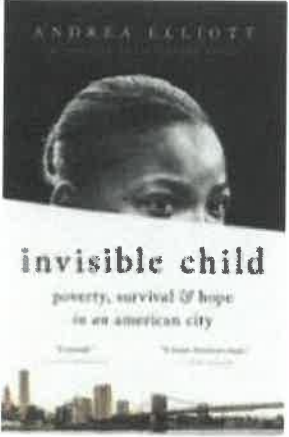
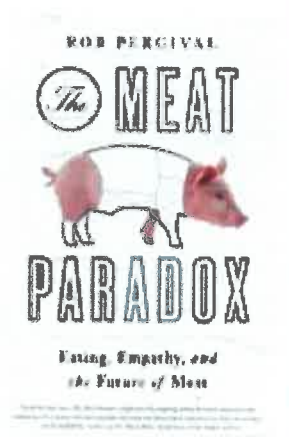
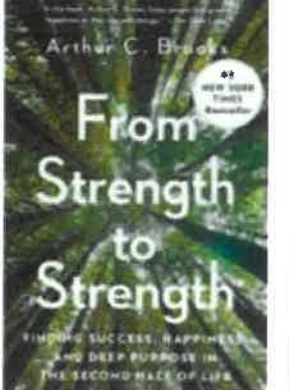
Times: 2nd Tuesday of the Month @ 1:00 PM

Virtual Participation Available  Contact Cathleen@hchlibrary.org



Discussion Date	Title	Summary
Tuesday, May 10th @1:00		<p>Between Two Fires: Truth, Ambition, and Compromise in Putin's Russia by Joshua Yaffa</p> <p>A tour of contemporary Russia. The author introduces readers to some of the country's most remarkable figures—from politicians and entrepreneurs to artists and historians who have built their careers and constructed their identities in the shadow of the Putin system. Torn between their own ambitions and the omnipresent demands of the state, each walks an individual path of compromise. Some muster cunning and cynicism to extract all manner of benefits and privileges from those in power. Others, finding themselves to be less adept, are left broken and demoralized. The result is an intimate and probing portrait of a nation that is much discussed yet little understood. Yaffa gives us insight into Putin by helping us better understand the political culture that produced him. (2020)</p>
Tuesday, June 14th @ 1:00		<p>The Family Roe: An American Story by Joshua Prager</p> <p>As some states pass some of the harshest abortion laws of all time, this book couldn't arrive at a more timely moment. Despite her famous pseudonym, "Jane Roe," no one knows the truth about Norma McCorvey, whose unwanted pregnancy in 1969 opened a great fracture in American life. Journalist Joshua Prager spent hundreds of hours with Norma, discovered her personal papers—a previously unseen trove—and witnessed her final moments. For the first time <i>The Family Roe</i> presents her life in full. Propelled by the crosscurrents of sex and religion, gender and class, it is a life that tells the story of abortion in America. As the United States spirals into a crisis over access to abortion, Prager's book provides a provocative look at <i>Roe v. Wade</i>, challenging us to rethink what we know about the case. (2021)</p>
Tuesday, July 12th @ 1:00		<p>The Code Breaker: Jennifer Doudna, Gene Editing, and the Future of the Human Race by Walter Isaacson</p> <p>For the first time in the evolution of life on this planet, a species has developed the capacity to edit its own genetic makeup, something that brings both promise and peril. <i>The Code Breaker</i> is multi-faceted, insightful, and exciting. It pairs science with philosophy, connecting the technical to the spiritual. Revealing how much we've gained by learning ever more about gene editing, while counseling that we never lose track of what we might lose. A highly accessible read for non-scientists. Best Book of 2021 by Bloomberg BusinessWeek, Time, and The Washington Post</p>

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<p>Tuesday, August 9th @1:00</p>		<p>Invisible Child: Poverty, Survival & Hope in an American City By Andrea Elliott</p> <p>For almost a decade, reporter Andrea Elliott observed the coming-of-age of a girl named Dasani, who has lived in and out of the New York City shelter system for most of her life. In 2013 Dasni was featured on the front page of the New York Times for consecutive five days. Her story provides a look into how homelessness directs the course of a life. New York Times writer and Pulitzer Prize winner Andrea Elliott followed Dasani's family for almost 10 years to write this book. In searing detail, she places Dasani's story alongside the larger issues of inequality, homelessness and racism in the city and more broadly the U.S. (2021)</p>
<p>Tuesday, September 13th @ 1:00</p>		<p>The Meat Paradox by Rob Percival</p> <p>Our future diet will be shaped by diverse forces. It will be shaped by novel technologies, by geopolitical tensions, and the evolution of cultural preferences, by shocks to the status quo—pandemics and economic strife, the escalation of the climate and ecological crises—and by how we choose to respond to these challenges. It will also be shaped by our emotions—the meat paradox. Should we eat animals? Is a current topic of debate today. This question is presented to us on restaurant menus and supermarket shelves, on social media and morning television. The recent surge in popularity for veganism has created a rupture in the rites and rituals of meat, challenging the cultural narratives that sustain our omnivory. (2022)</p>
<p>Tuesday, October 11th 2022 @ 1:00</p>		<p>In Love: A Memoir of Love and Loss by Amy Bloom</p> <p>Connecticut author Amy Bloom documents her heart-wrenching journey to help her husband end his life. In her deeply stirring memoir, "In Love," Amy Bloom recounts the emotional journey she takes with her husband, Brian, who chooses to end his life after being diagnosed with Alzheimer's. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom's captivating, insightful voice and with her trademark wit and candor, <i>In Love</i> is an unforgettable portrait of a beautiful marriage, and a boundary-defying love. (2022)</p>
<p>Tuesday, November 8th 2022 @ 1:00</p>		<p>From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life by Arthur C. Brooks</p> <p>Many of us assume that the more successful we are, the less susceptible we become to the sense of professional and social irrelevance that often accompanies aging. But the truth is, the greater our achievements and our attachment to them, the more we notice our decline, and the more painful it is when it occurs. What can we do, starting now, to make our older years a time of happiness, purpose, and yes, success? The roadmap for finding purpose, meaning, and success as we age, from bestselling author, Harvard professor, and the Atlantic's happiness columnist</p>